



2 Timothy 1:7

For God has  
not given us  
a spirit of fear,  
but of power  
and of love and  
of a sound mind.

# My Top 6 Scary Movies

I am 58 years old and I can still remember the fear that touched me to the core. As San Antonio natives we all have something in common

growing up. Sunny & the Sunliners, The Royal Jesters, the Beatles, Hemisfair '68 and of course... **PROJECT TERROR: Where the scientific and mystifying**



**merge.** The intro to that show was enough to put you on edge. A Popeye cartoon could follow that intro and you'd be waiting for something bad to happen (most likely to Bluto or Brutus). The most memorable (that's a nice word for terrifying) horror movies growing up lived up to the hype. I'll never forget seeing **The**



**Creature from the Black Lagoon.**

To this day I can't tell you what the plot of the movie was. All I know was that I was telling the next victim to be careful and to

look behind him. They rarely listened. By far the **Wizard of Oz** was scary but not because of the wicked witch but, those terrifying **FLYING MONKEYS!** Because of **Dracula**

my wife slept with the light on. At St. Henry's Elementary we all walked like the **Mummy** and



**Frankenstein.** We actually paid money at the Texas Theater to see the **Blob** take over a city! Although we were scarred for life it was fun.

Fear plays an integral role in our everyday lives. There are 3 basic fears:

## Healthy Fear

This type of fear can actually be very productive. For example, fear of ignorance causes you to seek an education. Fear of poverty makes you work. Fear of disease motivates you to practice healthy living. Fear of losing your job will inspire you to show up on time and do the best you know how to do.

## Unhealthy Fear

Unhealthy fear will cause you to stagnate and it will become a disruptive part of your life. It is more of a response to an imagined danger. The root of it is irrational, and instead of taking action to avoid an unpleasant circumstance, it literally paralyzes you from moving forward at all. You become stuck. Examples are emotionally isolating yourself so that no one can hurt you. The fear of leaving your home or constantly having to live with anxiety. God never intended us to live like that.

## The Fear of the Lord

This fear is often associated with the wrath of God. Mainly because the word fear connotes something negative. It is correctly defined as having an awesome respect for who God is. It is an acknowledgement that God is the Supreme Creator and we are His creation. Simply put, the fear of the Lord is acknowledging the continual presence of God throughout our day. When we are sensitive to God being next to us we tend to act differently. We live our lives consciously making decisions based on His presence. Our manner of speech changes. What we do when no one is around changes. Our attitude changes. It's amazing what happens when we are more concerned with what He thinks than what others think. Below are some biblical verses to encourage you and bless you.



blessingscommunitychurch.org  
jesse@blessingscommunitychurch.org

# The Fear of the Lord



**Proverbs 9:10**  
"The fear of the Lord is the beginning of wisdom, And the knowledge of the Holy One is understanding.



**Proverbs 16:6**  
In mercy and truth Atonement is provided for iniquity; And by the fear of the Lord one departs from evil.



**Proverbs 14:26**  
In the fear of the Lord there is strong confidence, And His children will have a place of refuge.



**Proverbs 23:17**  
Do not let your heart envy sinners, But be zealous for the fear of the Lord all the day;



**Proverbs 14:27**  
The fear of the Lord is a fountain of life, To turn one away from the snares of death.



**Proverbs 22:4**  
By humility and the fear of the Lord are riches and honor and life.



**Proverbs 15:16**  
Better is a little with the fear of the Lord, Than great treasure with trouble.



**Proverbs 15:33**  
The fear of the Lord is the instruction of wisdom, And before honor is humility.